



# Riley Kid Recognition Week

*because kids from families with addiction issues  
deserve to be celebrated*

**Our Mission:** *Fun, Friendship, Future*

## Fun

Having a family member with the illness of addiction is really hard on kids. Creating lots of opportunities to have FUN is our number 1 goal.



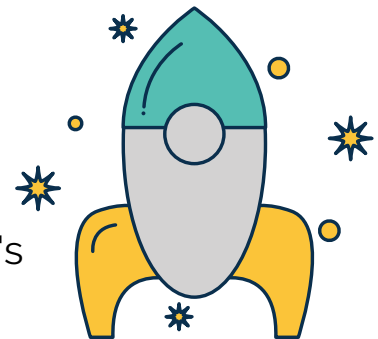
## Friendship



Relationships are built on trust. That's why building friendships with other kids that share the experience of having a loved one with addiction issues is so helpful. There's nothing quite like feeling understood and knowing you've people in your life that "get" where you're coming from.

## Future

When kids get the support they deserve, their possibilities in life are limitless.  
If life is feeling hard now, it DOES get better.  
We're here to help and show you that you're future's so bright you're gonna need shades!



## Our Motto:

*Never Alone*



Whether your parent is still stuck in addiction or working on getting healthy, you are never alone, you are part of our team! When you live in a family with addiction struggles, it is easy to feel like you're the only kid dealing with the challenges you're going through. But there are millions of kids experiencing a parent (or both) who has lost control over drugs or alcohol. You're definitely not alone.

## Our Mantra:

*I've Got Riley Resilience*

Kids are superheroes when it comes to bouncing back after life gets challenging. Not only are kids naturally resilient, you are excellent

at learning healthy ways to cope. All you really need to get started are friends, caring adults, AND accurate information about addiction.

Such as.....

A parent's problems with drugs or alcohol are NEVER their kids fault.

Kid's CAN'T fix their parent's illness, it's a medical issue that requires the help of trained professionals. AND, kid's can't force a parent to get healthy.

Kids CAN choose their own behaviors, choices, and attitudes. You CAN be ok!

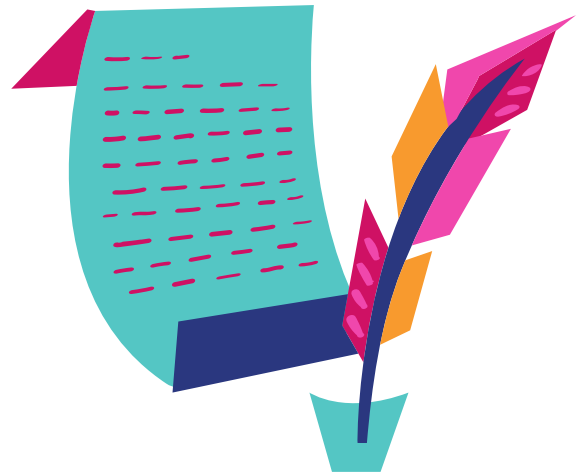




# Riley Kid Rights

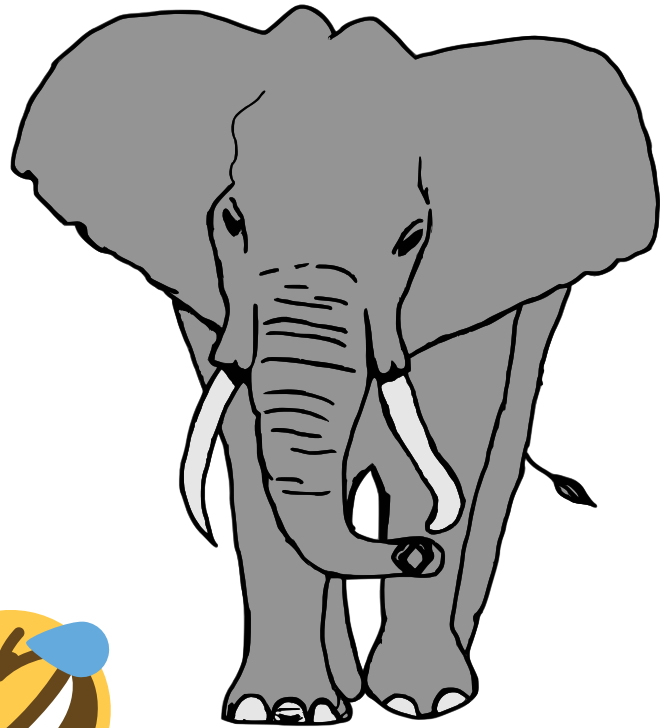
*As a child from a home with addiction issues  
I deserve..*

1. To just be a kid and feel ok having fun.
2. Unconditional support, because loving someone with addiction is hard.
3. To talk openly about addiction with people who understand.
4. To build friendships with other kids who are just like me.
5. To love my parent AND feel angry at the addiction.
6. To be protected when my parent is stuck in their illness.
7. To feel safe and have access to adults I can trust.
8. To feel loved when I struggle with big feelings and big behaviors.
9. To have help being ok when my parent is sick  
or working to get better.
10. To know that addiction is an adult problem  
that's too big for kids.
11. To know that I didn't cause my parent to  
become addicted, it's never my fault.

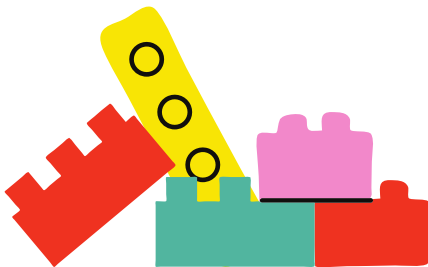


# Riley Kid Reminders

*Here are a few things we would like you to always remember*

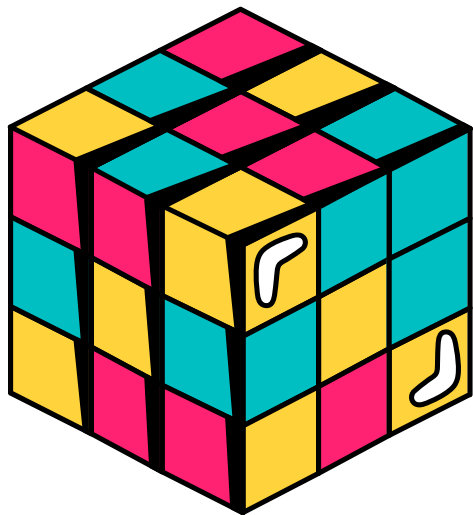
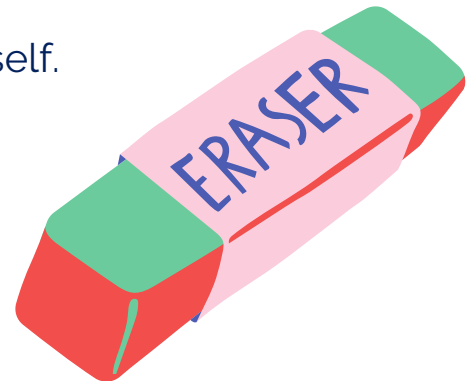


Kids deserve to 'just be kids.'  
It's important to make time to have FUN.



Addiction is an adult worry.  
Kid's are meant to deal with kid stuff, like play.

Everyone makes mistakes so be kind to yourself.  
Mistakes are an important part of learning.  
Everything new takes practice.



You are a smart kid who can solve tough problems.



You are worthy of love and  
deserve unconditional support.



**You are NOT alone.  
You are a part of our team.**



Visit the 'just for kids' page on [www.rileyutah.org](http://www.rileyutah.org)

